

Food Safety

Pesticide Use and the Public



Outline

- The Issues
 - Pesticide Use by Sector
 - Pesticides and Food
 - What You Can Do
 - Summary





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Issues

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ESTICIDES!

War on Pesticides?

Growth of Organic
 Food Industry

- Significant increases in percentages of sales and land in production.
- As of 2011, 4.2% of all US food sales organic.
- "...healthier for my children and me."





Non-pesticide Production?

- Organic does not mean grown without pesticides.
 - Rotenone

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- Sabadella
- Spinosad
- Pyrethrins
- DE, Soaps, & Oils



Old Time Food?

 Pesticides used extensively for food production in the 1940's, 50's and 60's.

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- DDT not banned until 1970's.
- OP's, Carbamates, PGR's developed in 40's and 50's.





Reality

- No commercially available food that is 100% pesticide free.
- Locally grown or home grown is the are available.







PESTICIDE USE BY INDUSTRY

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Pesticide Use by Industry

- Industry Uses (2007 Figures)
 - Water Treatment 51%
 - Wood Preservatives 19%
 - Conventional Pesticides 17%
 - Specialty Biocides 8%
 - Other Pesticides 7%



Conventional Pesticide Use

- Ag uses vs. Non-Ag uses
 - Agricultural Uses 80%
 - Non-Ag Uses 20%

- Non-Ag uses include home and garden, commercial, individual and government.
- Percentage total of Ag Use 13.6%

Types of Pesticides Used

- Top three pesticides used in the Agricultural Sector:
 - 1. Glyphosate (herbicide)
 - 2. Atrazine (herbicide)

- 3. Metam Sodium (fumigant)
- Of the top 10 pesticides, 6 are herbicides and 4 are fumigants.



Pesticides and Food



Getting rid of Toxins...

Even if you did not apply a single chemical, except for water, to grow a vegetable, fruit or grain, your food would still contain toxins.



Natural Pesticides

Natural toxins are present in food.

- Plants don't run away from predators.
- Chemicals within the plant protect it from pests.
- Many naturally occurring toxins in food are carcinogens.

Glycoalkaloids

 Solanine in potatoes, Chaconine in eggplants, Tomatin in tomatoes

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- Cholinesterase inhibitor (nerve toxin)
- Toxic to intestines, causes bleeding.
- At high concentrations:
 - affects heart contractions
 - may cause birth defects





Factors which increase glycoalkaloid levels in potatoes

Stress

- potato blight infection
- defoliation by insects
- selection for potato leafhopper resistance
- bruising
- exposure to light



Effect of insect damage on natural toxicants in potatoes

Total glycoalkaloid content



Hlywka et al. 1994

Use of Pesticides

Proper Pesticide Use:

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- Reduces stress on crops.
- With reduced stress, lower levels of toxins are produced in the crops.
- Reduces the amount of insects that may be processed with the crop (processed food products).



University of Idaho Extension Pesticide Residues

 Includes the parent compound and all other breakdown products that remain on or in the food.



Pesticide Residues

 Amount of residues depend upon:

- Chemical and amount of chemical applied.
- Commodity.
- Amount of degradation of the pesticide since application or amount of time after application.







Pesticide Degradation

 In the presence of sunlight (Photodegradation)



By the action of Microbes (Microbial Degradation)



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Pesticide Degradation

- In the presence or absence of oxygen (Oxidation or reduction).
- By chemical reaction occurring naturally in the commodity (Biodegradation and respiration).



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Example

- Insecticide Permethrin
 - Many registrations.
 - Breakdown occurs
 <3 days.
 - Most breakdown by oxidation and photodecomposition.
 - >50% decomposed in stored grain within 90 days.



Pesticide Residues in Food

 Standards for man-made pesticide residues in food are intentionally set far lower than those levels that cause illness.

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 In most cases, the amount of these residues, when compared to naturally occurring toxins, seems insignificant.



Allowed Residue Levels

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How Safe is our Food?



FDA Ranking of Food Danger

- Food Borne Diseases (Salmonella, Listeria), Nutrition imbalances and malnutrition.
 - For comparison This ranks 1/1
- Environmental Hazards (Lead, Mercury) and naturally occurring toxins (Arsenic).
 - Rank is 1/1,000

- Pesticide residues and food additives.
 - Rank is 1/100,000

The Dose Makes the Poison

- Over 65 naturally occurring compounds in foods have been shown to be cancer causing at high doses.
- Some of these are anticarcinogenic (protective) at low doses.
- Example: Caffeic acid.



The Dose Makes the Poison

 Lethal dose toxin levels:

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-100 cups of coffee-1 bottle of aspirin-20 lbs. of spinach





 LD50 of Selected Pesticides and chemicals

vitamin D	10	carbaryl (Sevin)	540
parathion	10	aspirin	750
strychnine	30	2,4-D	1100
nicotine	55	permethrin	2230
calcium chloride	88	sodium chloride	2500
rotenone	132	atrazine	3080
caffeine	200	sulfonyl ureas	>5000
2,4,5-T	300	picloram (Tordon)	8200



SO, WHAT ARE THE FACTS?

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Consider the Facts

- Pesticide residues in food are *not* a significant food safety issue.
- Food borne illnesses and natural toxins are thousands of times more significant than residues.







- Violations of pesticide residues in food are low.
- In general, violations of imported foods is higher than domestic food for produce items (4% as opposed to less than 1%).

Organics vs.
 Conventional Produce.

- Organic produce commands a higher price and return.
- Both use pesticide products to control pests.
- Consumer health benefit claims by substituting organic produce are questionable.



"Our findings do not indicate that substituting organic forms of the 'Dirty Dozen' commodities for conventional forms will lead to any measurable consumer health benefit."

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- Dietary Exposure to Pesticide Residue from Commodities Alleged to Contain the Highest Contamination Levels, May 15, 2011, Journal of Toxicology.
- Note: The allegations of the EWG about the "Dirty Dozen" were not published in the Journal of Toxicology or any scientifically reviewed publication.



"...public health authorities agree that protection against cancer from fruit and vegetable consumptions outweighs any effects of pesticide residues."

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 "Pesticide Residues in Foods", Dr. Thomas H.
 Jukes, American Council on Science and Health; July 1, 1993.



SO, WHAT CAN YOU DO?

Let People Know!

 Good and Bad for both.

- Concentrating on pesticide residues is not getting the whole picture.
- Conventionally grown crops undergo testing to ensure safety.





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Get Involved!

- Comment on news reports or articles that give incorrect or incomplete information.
- Letters to the editor, guest editorials, separate articles can help.



Be Proud!

- Safe, wholesome food supply.
- Knowledgeable and educated pesticide applicators.
- Proper pesticide applications provide both pest control and safe commodities.





SUMMARY



Summary

- Risks due to pesticide residues in food products are low.
- Naturally occurring toxins occur in food products.
- More concerns with exposure to disease, malnutrition, and natural toxins than pesticide residues.



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Summary

- Used correctly, pesticides are not harmful to humans, animals or the environment.
- Pesticides have saved lives and prevented illness.
- Pesticides are a essential tool in high-yield, highproduction agriculture.





Questions?